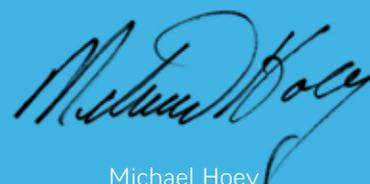


# treating BPH

If you are one of the millions of men dissatisfied with current BPH treatment options, such as medications or surgery, Rezūm water vapor therapy is a safe and effective new option designed to transform your BPH treatment experience.

# a simple goal

Our company is built on respect, passion and motivation. In 1995, my father died of prostate cancer. I am personally and passionately dedicated to finding effective treatments for all prostate-related diseases. The Rezūm System was designed to honor and celebrate my father's memory.



Michael Hoey  
Co-Founder & Chief Technology Officer

rezūm®  
water vapor therapy

The Rezūm procedure is prescribed by your physician. Please talk to your doctor to see if it is right for you. Your doctor should discuss any potential benefits and limitations with you. Although many patients benefit from the Rezūm procedure, results may vary. For more information about the benefits and risks of the Rezūm procedure please visit [www.rezum.com](http://www.rezum.com).

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# resume your life

THE NEW WAVE IN BPH TREATMENT

rezūm®  
water vapor therapy

# what is BPH?

## Benign Prostatic Hyperplasia (BPH)

is an enlargement of the prostate gland affecting about 50% of men between the ages of 51 and 60, and up to 90% of men over the age of 80.<sup>1</sup>

This enlargement can compress the urethra, reducing the flow of urine from the bladder, and sometimes blocking it entirely.

<sup>1</sup>Barry M. Roehrborn C. Management of benign prostatic hyperplasia. Annu Rev Med.1997; 48:77-189

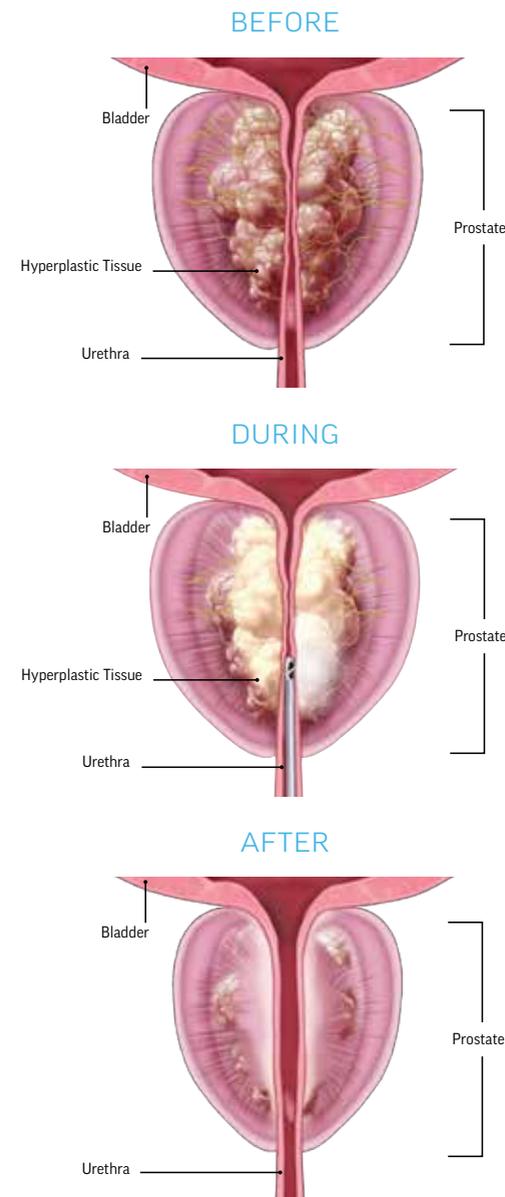
## SEE THE DIFFERENCE

Using only a few drops of water, Rezūm delivers targeted, controlled doses of thermal energy in water vapor (or steam) directly to the prostate tissue that is causing your BPH symptoms.

Rezūm is proven to provide a significant improvement in BPH symptoms – including urinary frequency, irregular flow, urgency, weak stream, straining and getting up at night to urinate – without decreasing sexual and urinary functions.<sup>2</sup>

This safe and effective, minimally invasive procedure can be performed right in a doctor's clinic and may minimize the discomfort, complications and side effects associated with other BPH treatments.<sup>2</sup>

<sup>2</sup> McVary KT, Gange SN, Gittelman MC, et al. Minimally Invasive Prostate Convective Water Vapor Energy Ablation: A Multicenter, Randomized, Controlled Study for the Treatment of Lower Urinary Tract Symptoms Secondary to Benign Prostatic Hyperplasia. *The Journal of Urology*. 2016;195(5):1529-1538. doi:10.1016/j.juro.2015.10.181.



*The number of water vapor treatments varies depending on the size of the prostate. The procedure usually has between 2-8 vapor treatments. Additionally, the images above are intended to depict procedural mode of action, not to provide an exact replica of the patient's clinical results.*



Ask your doctor if Rezūm therapy is a good option for you.

## 3 Simple Steps

### 1. BEFORE YOUR PROCEDURE

- Your doctor may stop anticoagulants, or blood thinners, a few days to a week prior to your procedure.
- Antibiotics may be prescribed.
- Your doctor will discuss any pain medications that will be used.

### 2. PROCEDURE DAY

- The actual procedure takes only minutes; however, plan on spending about 2 hours for the entire appointment.
- You will receive pain medication prescribed by your doctor for the procedure.
- Plan to have a driver for your appointment unless your doctor tells you that you can drive yourself home.

### 3. RESUME YOUR LIFE

- After your procedure, continue oral antibiotics for 3 to 5 days as prescribed by your doctor.
- Your doctor may recommend a catheter for a few days to ease urination during healing.
- Avoid activities that may irritate your prostate, such as sexual activity or riding a bike, for up to 4 weeks.
- If you experience discomfort:
  - Take a mild pain medication such as Tylenol.
  - Try a warm bath or sitting on a hot water bottle.
  - Eliminate caffeine, chocolate, and alcohol from your diet.

Within a few days, you will be able to resume normal activities and will experience noticeable symptom improvement in as soon as two weeks.<sup>2</sup>

For more information visit [www.rezum.com](http://www.rezum.com)